



RAINBOW ENGLISH SR. SEC.  
SCHOOL

C-3, JANAK PURI , NEW DELHI - 110058

SUMMER VACATION  
PRACTICE WORK

CLASS - NURSERY

SESSION - 2022-2023



*Summer Break is the time that we all eagerly wait for. As this is the time to relax and to be productive to get ahead..... along with relaxation this time summer break has brought unique opportunity to develop social skills, which students are deprived of from last two years due to COVID 19...but now with this new normal, life is moving ahead. New social and educational experiences can happen at the park, during visits to native places or family vacations....in simple words we can say that summer break means extended breather that will recharge both body and mind.*

*As important as it is to relax and enjoy, it is also very important to continue to learn new things by exploring all the available opportunities.*

*To enhance the learning ,we have planned activities along with some written practice to keep your skills sharp and concepts clear.*

**SO DEAR CHILDREN.....RELAX....ENJOY....  
HAVE LOTS OF FUN.....AND COME BACK  
REFRESHED.**

## Let's try something new....

- *The Summer is here so have some fun...*
- *Go on....get your homework done !....*
- *Conquer a fear and discover a new one*
- *Walk on sand through fields and over hills*
- *SPLASH!*
- *Dance like no one is watching*
- *'Go fly a kite...'*
- *Make a new friend and make them smile*
- *Try five foods supposedly 'don't like!'*
- *Go wild in the Rain*

# HERE ARE FEW THINGS

## TO STAY POSITIVE.

1. *Wake up early.*
2. *Meditate daily for at least 10 min.*
3. *Exercise regularly.*
4. *Eat healthy food (you can also cook or help your mom while cooking).*
5. *Wash your undergarments by yourself.*
6. *Clean your home.*
7. *Develop new hobbies*
8. *Read good books.*
9. *Drink more water, switch over to warm water as it is beneficial to fight against the virus.*
10. *Listen to good music and keep yourself happy and cheerful.*
11. *Spend quality time with family.*

12. *Avoid eating junk food.*

13. *Sleep early.*

14. *Plant trees and water it daily.*

15. *Stay home and hope for the best.*

16. *Keep yourself clean and hygienic.*

17. *Wash your hands with soap every now and then*

18. *Add turmeric, ginger, cumin in your diet to increase your immunity.*

19. *Trim your nails regularly.*

20. *Drink sufficient water.*

21. *Maintain social distance.*

22. *Keep your house and surroundings clean.*

23. *Use masks when you are going out*

## FEW TIPS FOR SUMMER BREAK

*\*Eat at least one meal a day together..*

*\*Encourage your child to respect and help the elders at home.*

*\*Encourage your child to water the plants and keep a bowl of water outside the house for the birds.*

*\*Encourage your child to develop Oratory Skills*

*by speaking English in the form of sentences.*

*\*Show them at least three pictures in a day and make them learn their names to enrich their vocabulary.*

*\*Don't Watch TV for long hours.*

*\*Always sit in right posture.*

*\*Do not waste water and electricity.*

# WRITTEN WORK

## NOTE :-

*Do all the given work in  
HOLIDAYS HOMEWORK  
NOTEBOOK.*

*(Take one new school notebook for  
each subject for written work.)*

*English- Yellow*

*Hindi- Red*

*Maths- Blue*

**Complete your homework nicely as  
it will be assessed.**

# ENGLISH

Oral- Learn Phonic Sound 'A to Z'  
with the help of the link given below..

<https://youtu.be/ZMuTQ6sxcC8>

**Phonic Sounds (A-Z) (a-z)**

Alphabet	Phonic Sounds	Vocabulary	Alphabet	Phonic Sounds	Vocabulary
Aa	says ऐ	 APPLE	Nn	says न	 NEST
Bb	says ब	 BALL	Oo	says ओ	 OWL
Cc	says क	 CAT	Pp	says प	 PARROT
Dd	says ड	 DOG	Qq	says क्व	 QUILT
Ee	says ए	 EGG	Rr	says र	 ROSE
Ff	says फ	 FISH	Ss	says स	 SUN
Gg	says ग	 GOAT	Tt	says ट	 TIGER
Hh	says ह	 HORSE	Uu	says अ	 URN
Ii	says इ	 INKPOT	Vv	says व	 VAN
Jj	says ज	 JOKER	Ww	says वॅ	 WATCH
Kk	says क	 KITE	Xx	says एक्स	 X-MAS TREE
Ll	says ल	 LION	Yy	says य	 YAK
Mm	says म	 MANGO	Zz	says ज़	 ZEBRA

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# Learn RHYMES-



Written - Do practice of Patterns :-

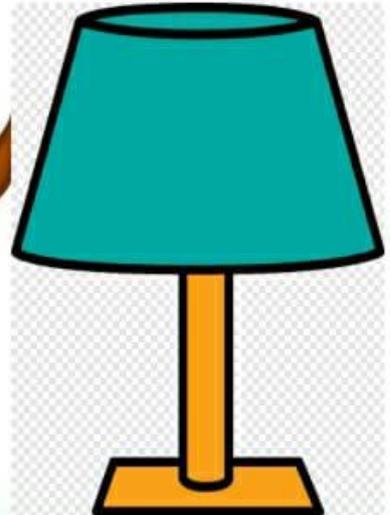
Standing line , Sleeping line, Slanting line (left & right), Curves (left & right)  
(2 pages each pattern)

\* Do practice of all the letters given below ( T,I,L,E,F,H ) in the notebook  
(2 pages each letter)

RAINBOW WORKSHEET -Do page no.

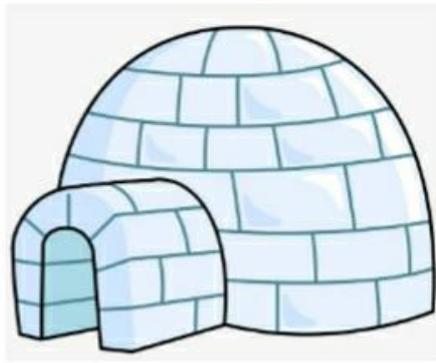
8 to 14.

For correct formation, follow the writing patterns given in the sheets below...



Below the first row of handwriting lines, there are several more rows of blank handwriting lines for practice. Each row consists of a top purple line, a middle black line, and a bottom purple line.

I



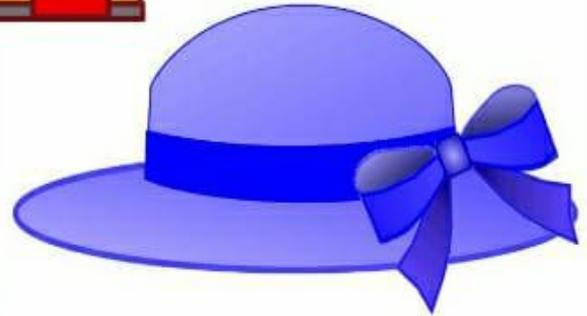
I

I

I

Handwriting practice area with multiple sets of horizontal lines. Each set consists of a top purple line, a middle grey line, and a bottom purple line. The first set contains the letters 'I', 'I', and 'I' respectively. The remaining sets are blank for practice.

H



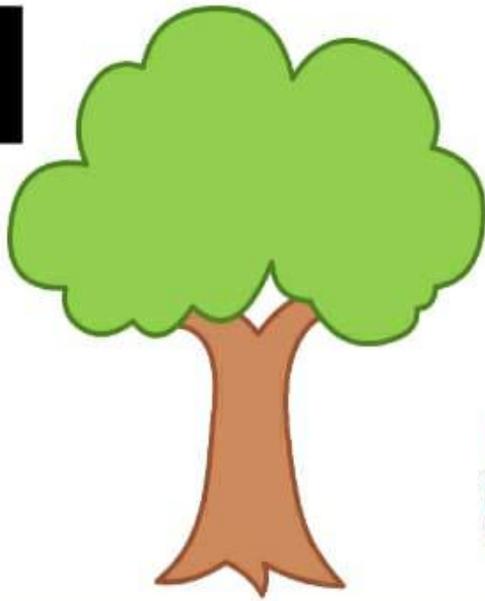
H

H

H

Handwriting practice lines consisting of multiple sets of horizontal lines (top, middle, bottom) for tracing and writing the letter 'H'.

T



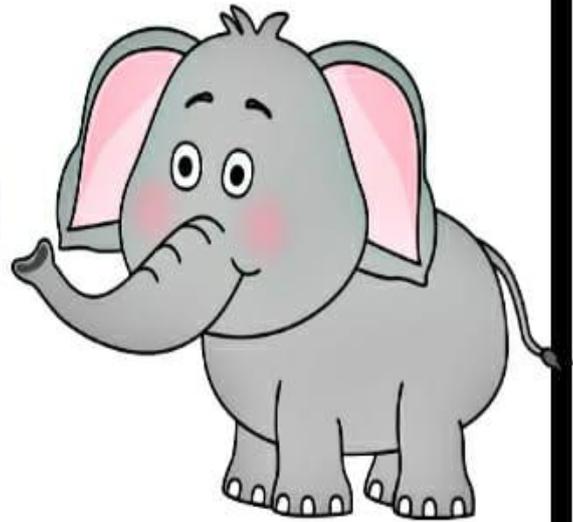
T

T

T

Handwriting practice lines consisting of multiple sets of four horizontal lines (top purple, middle grey, bottom grey, baseline purple) for tracing and writing the letter 'T'.

E



E

E

E

Handwriting practice lines consisting of multiple sets of horizontal lines (top and bottom lines are purple, middle line is black) for practicing the letter 'E'.

F



F

F

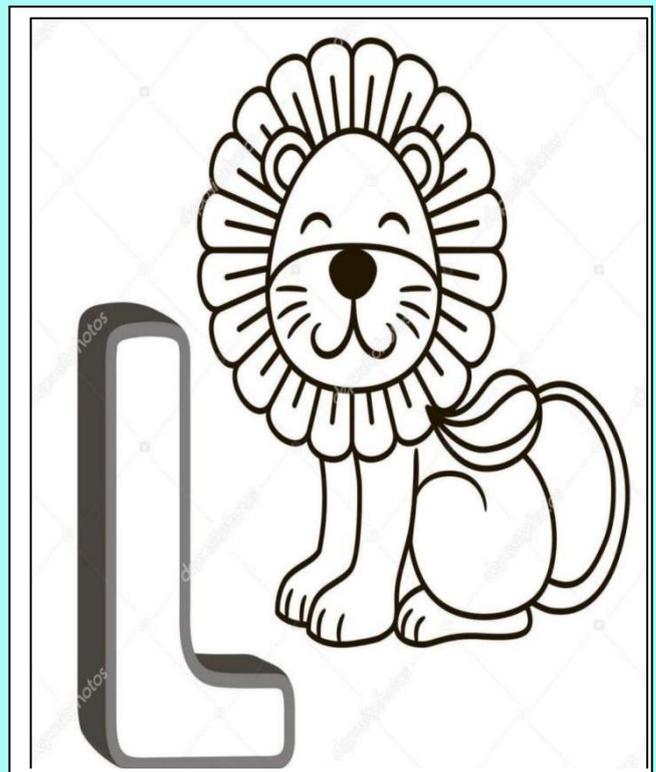
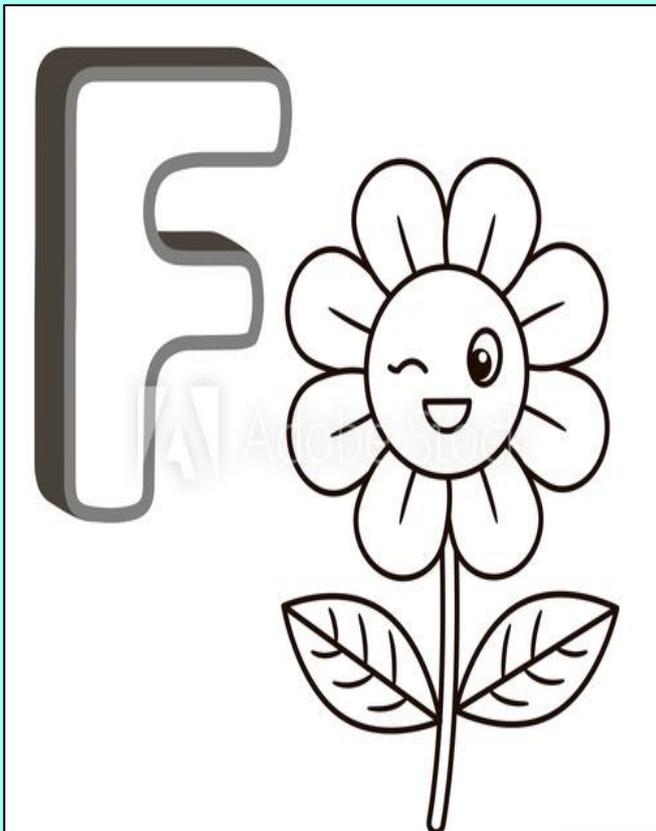
F

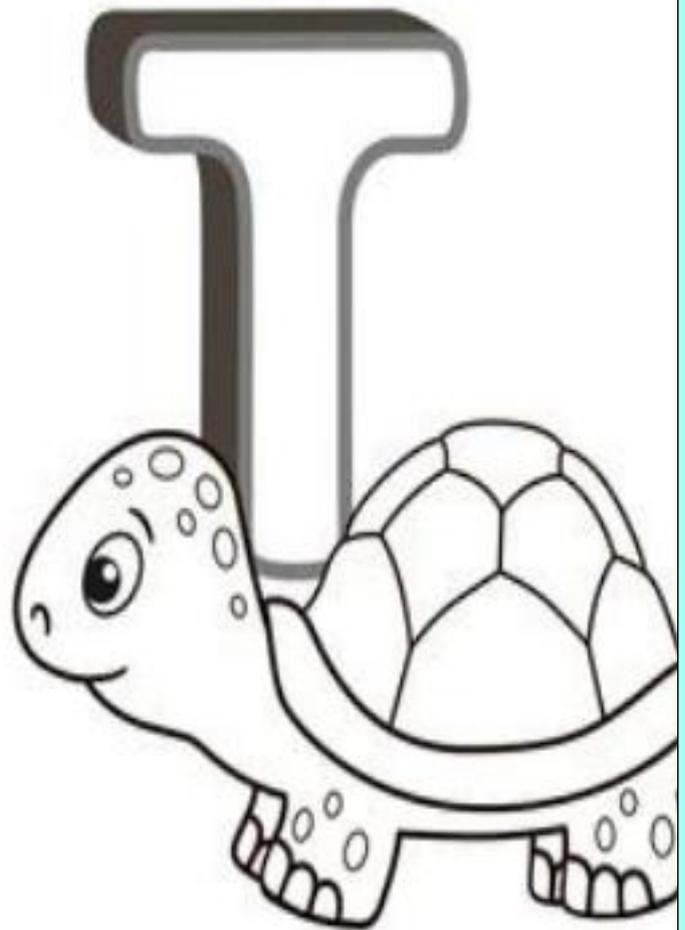
Handwriting practice lines consisting of multiple sets of horizontal lines. Each set includes a top purple line, a middle grey line, and a bottom purple line, providing a guide for letter height and placement.

# ACTIVITY

Colour the pictures to make it beautiful.

Do this work in Drawing file





# **ACTIVITY - Make one beautiful picture related to the First letter of your name.**

**Note- Examples are given below.**



**\* Do this activity on A-3 size sheet and Submit it after vacation.**

# हिन्दी

## ORAL- Learn Rhymes



WRITTEN – Do practice of स्वर “ उ, ऊ, अ, आ, ओ, औ, अं, अः ” (2 pages each swar)

For correct formation follow the writing patterns given in the sheets below....

# अभ्यास कार्य



उल्लू

उपहार

उपवन

उ

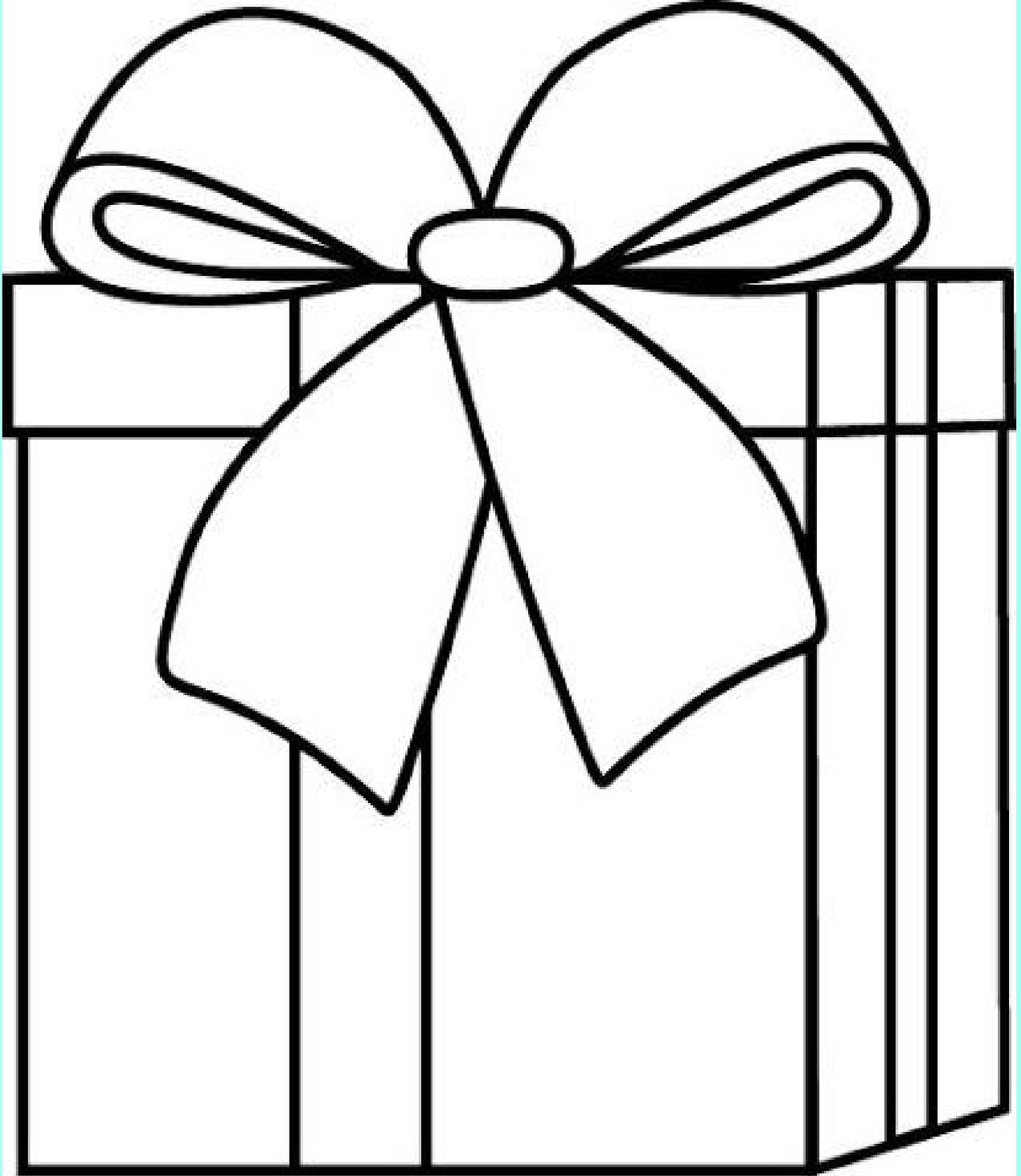
उ

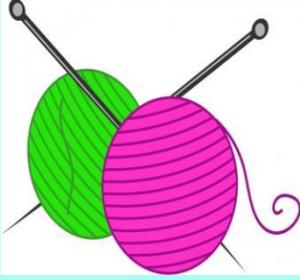
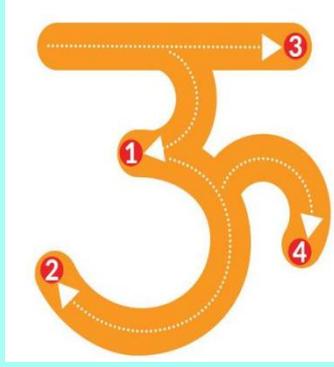
उ

Blank handwriting practice lines for the letter 'उ'.

# Activity sheet

Tear & Paste newspaper in “ उपहार ”.





ऊन



ऊँट

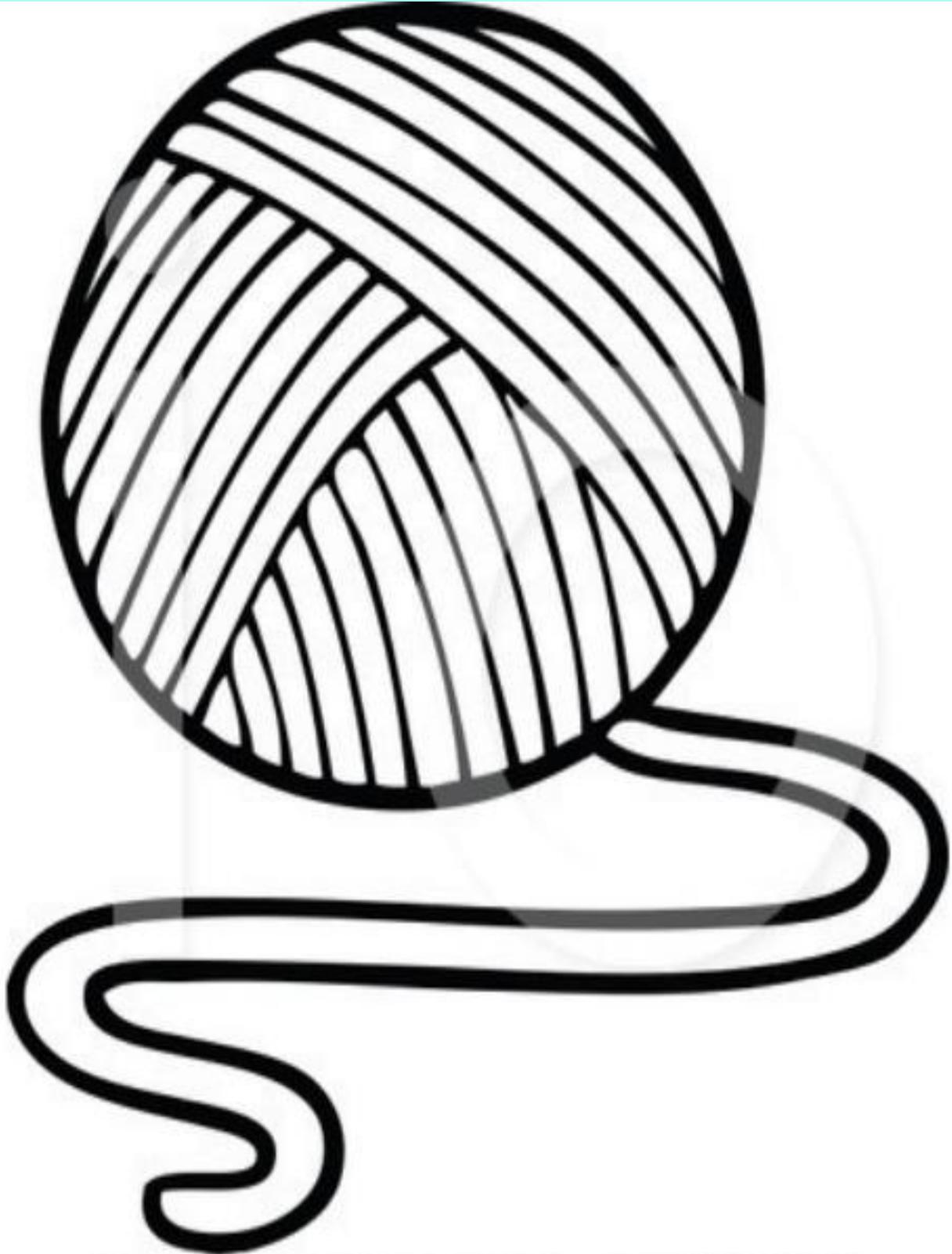


ऊपर

Handwriting practice lines for the Hindi letter 'ऊ'. The first row contains three examples of the letter 'ऊ' written in black ink on a set of four horizontal lines. Below this are four more sets of four horizontal lines for independent practice.

# Activity sheet

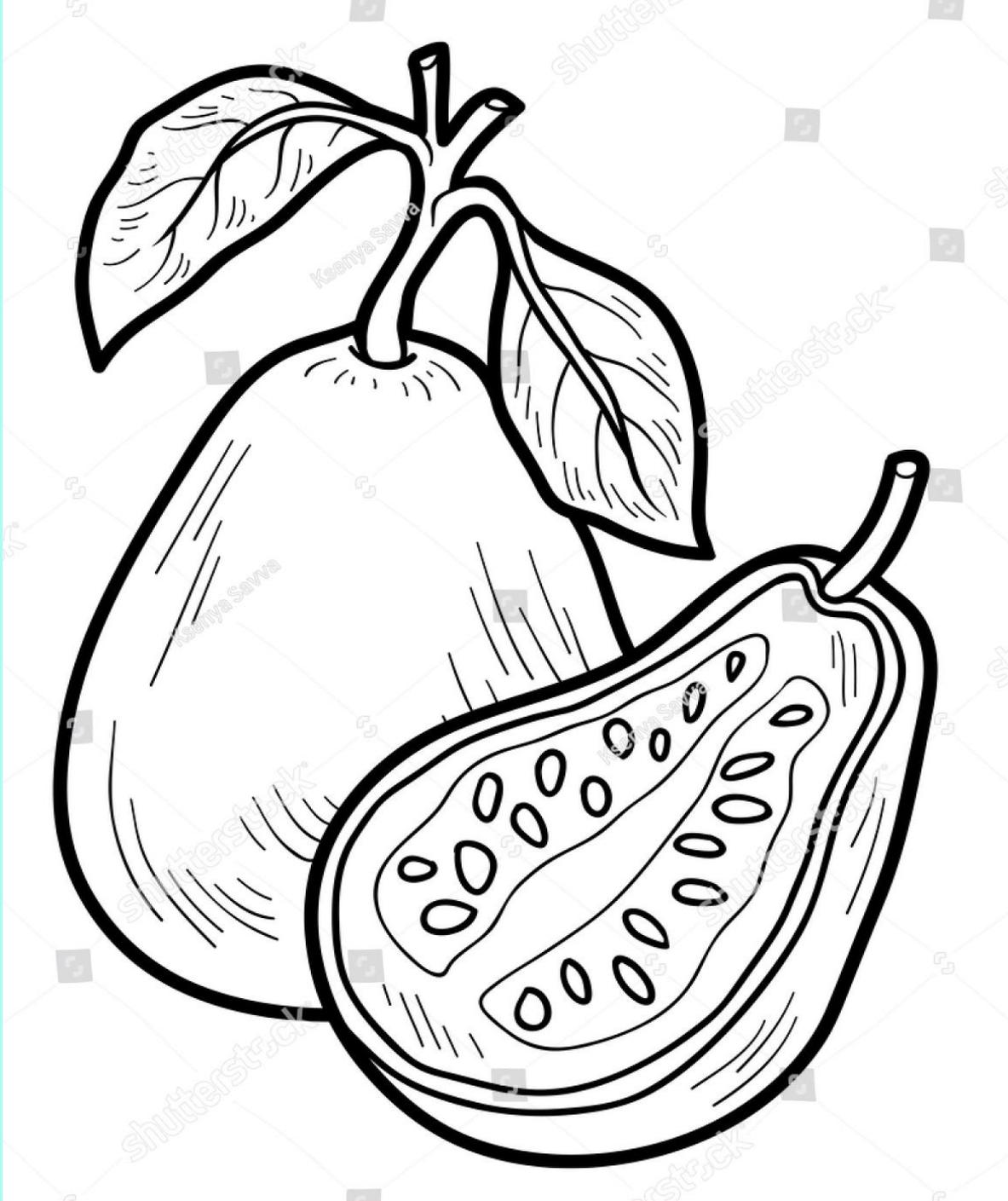
Tear and paste the paper in “ - ऊन ”





# Activity sheet

Give thumb impression in “ अ- अमरुद ”



आ



आग



आलू



आम

आ

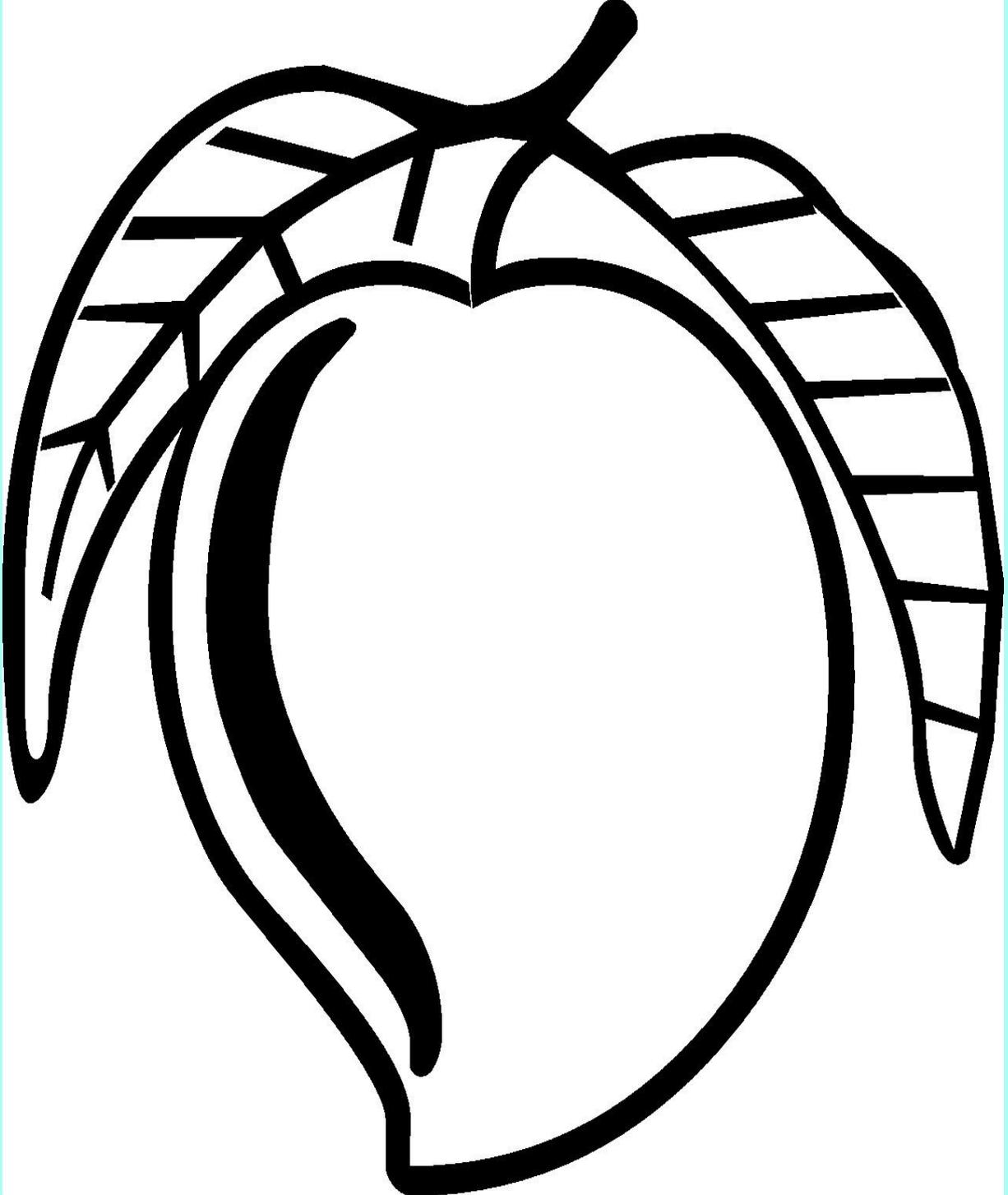
आ

आ

Blank handwriting practice lines consisting of multiple sets of horizontal lines for writing the letter 'आ'.

## Activity sheet

Colour the “**आम**” with yellow crayon.



**Note** – Write swar in your Notebook and Do Activity Sheets in Scrap File.

# MATHS

**Oral-** Learn Forward Counting 1 to 20.

**Written** - Do practice of all the numbers ( 1 to 10 ) in the notebook .

**(2 pages each number)**

(Note:- In sequence of 1 to 10, some of the numbers we have done yet orally and on green board only but we have given it in holiday homework for practice. These numbers will be thoroughly repeated in the class in the month of July)

**MATHS BOOK**- Do page no. 7 to 18, 22 to 27.

**RAINBOW WORKSHEET**- Do page no. 32 to 38.

For correct formation follow the writing patterns given in the sheets below....







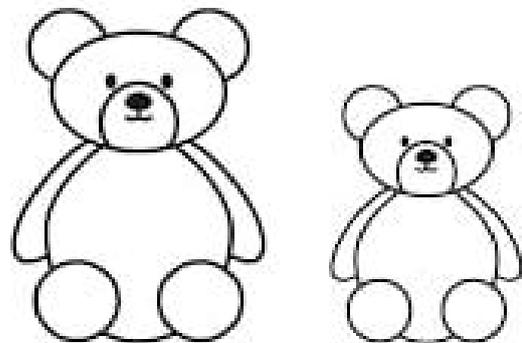
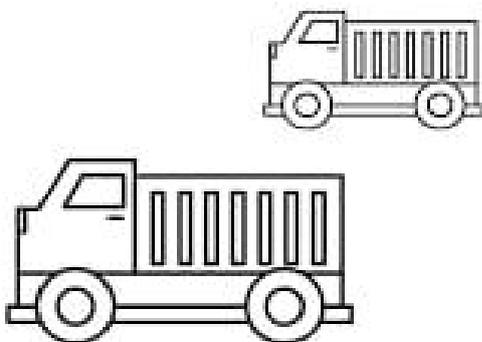
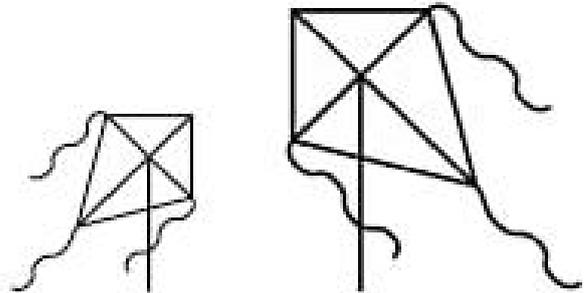
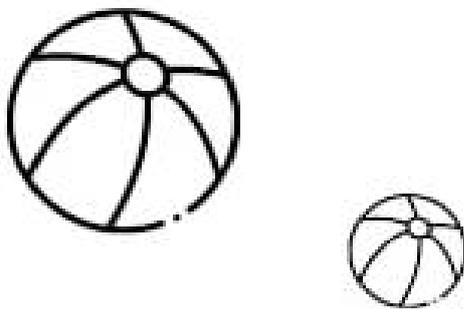
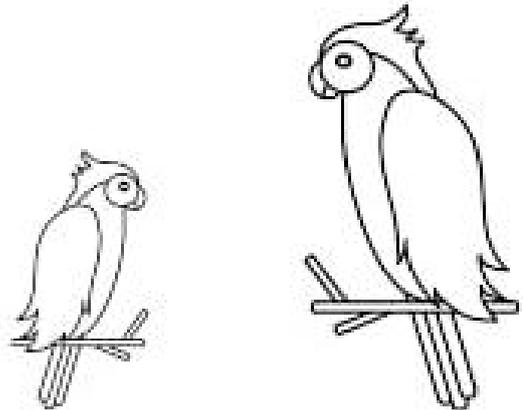
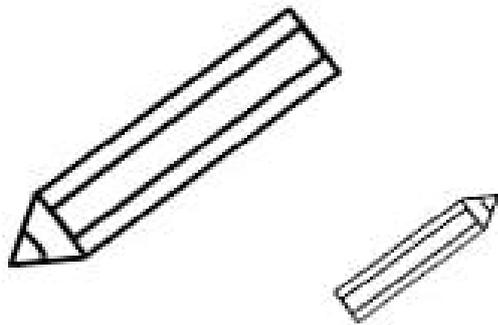




# ACTIVITY SHEET

## BIG AND SMALL

Colour the Big objects with **RED** Colour and Small objects with **BLUE** Colour

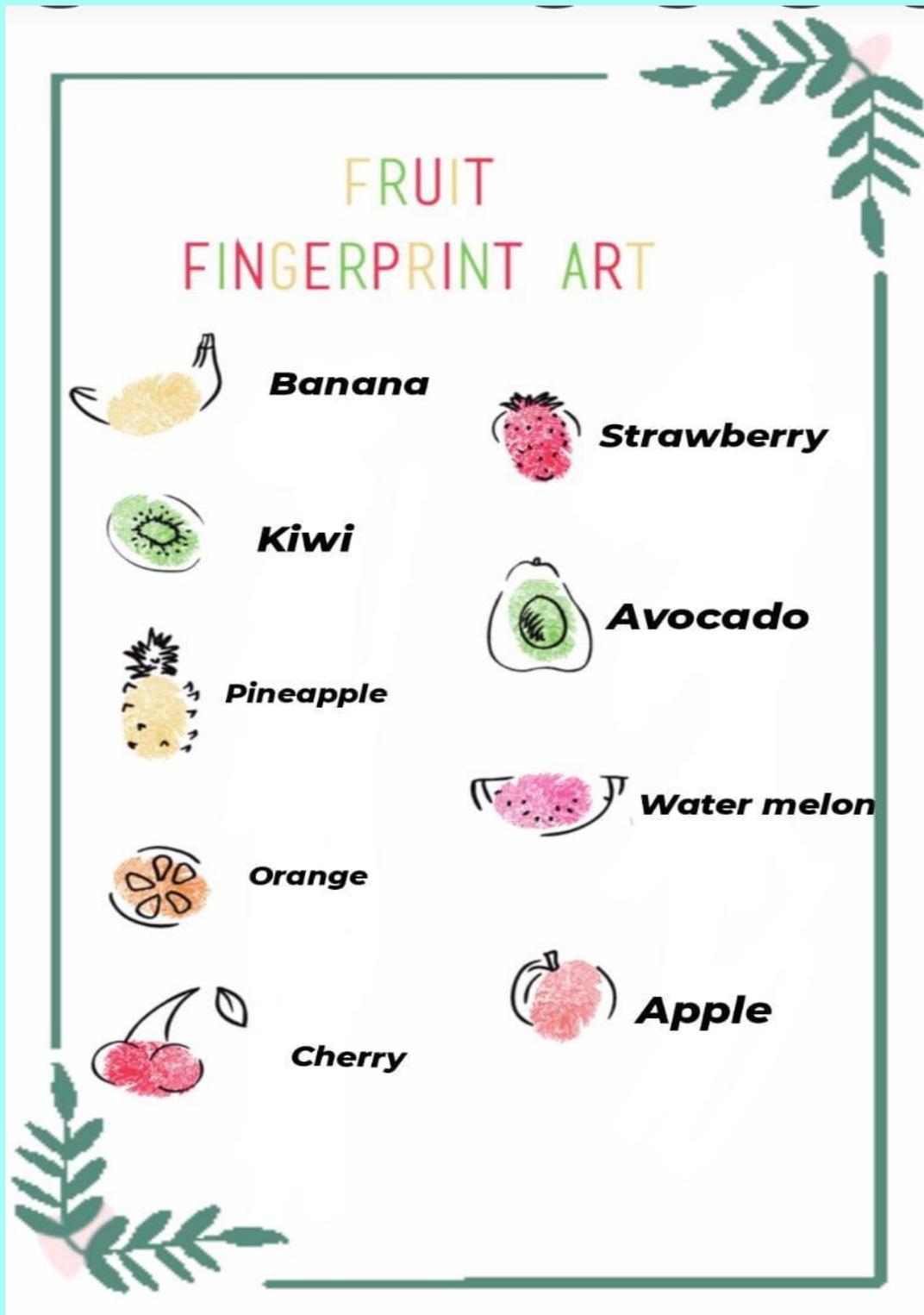


Do these concepts in scrap file. You can also take a printout of this sheet and paste it in the scrap file.

# GENERAL KNOWLEDGE

Let's make juicy, colourful fruits with finger and thumb impressions....

*Examples are given below...*



# ART ATTACK

## FAMILY TREE

Draw & Colour beautiful huge Family tree in your Scrap file. Paste pictures of your family members as shown in the picture given below...



# WORLD ENVIRONMENT DAY

(5th JUNE)

*Lets purify the Air with the help of plants....*

Plant any one air purifying plant out of the five options given below, in a beautiful & colourful pot.

Submit the Pot in the school after holidays.



**SNAKE PLANT**



**CHINESE EVERGREEN PLANT**



**SPIDER PLANT**



**RUBBER PLANT**



**BAMBOO PLANT**



**LADY PALM PLANT**

# FATHER'S DAY (19<sup>th</sup> JUNE)

## ACTIVITY-1

### MY DAD MY SUPER HERO

*Let's talk.... Why He is your Super Hero?*

Prepare a beautiful gift for your father with the help of your mother and gift it to him on Father's Day.(link is given below)

*(Note- Dear Mother, kindly click photo of father and child while presenting this gift and share it with us by 10<sup>th</sup> of June for sure.)*

<https://youtu.be/3VUURUF5Fn4>

## ACTIVITY-2

Bake a homemade cake with the help of your mother for your father and click beautiful pictures while cutting the cake or

while sharing some loving moments with father.

Share this collage with class teacher by 10<sup>th</sup> JUNE on whatsapp.

(NOTE- PICTURE SHOULD BE HORIZONTAL)

## WORLD YOGA DAY (21<sup>st</sup> JUNE)

"Yoga is the journey of the self, through the self, to the self."

- The Bhagavad Gita

*International yoga day is observed on 21st June every year; yoga is a powerful natural state that can inspire you in many ways. Let's make yoga an important part of our life to remain healthy.*

*Click a picture with your grand parents while doing the following asanas ... Share it with your class teacher by*

*17.06.22 and paste hard copies in your scrap file also.*

• *Sukhasana*



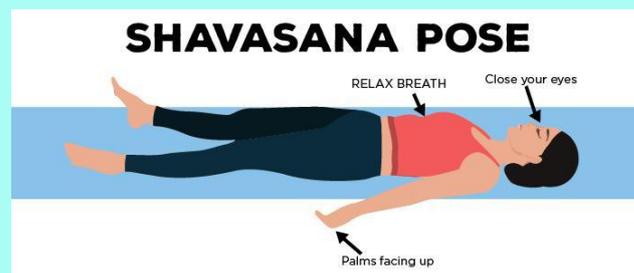
• *Tadasana*

• *Balāsana*



• *Setubandasana*

• *Shavasana*



## *Take Care Of Birds....*

• *As you all know that summer season is going on and it's too hot outside,,,,, So keep one earthen pot filled with water and some food grains for birds on terrace .*

*Few points you need to take care while doing this:-*

*- Change water twice in a day to avoid mosquito breeding & wash the pot daily.*



# THE AMAZING ART

## **DRAWING BOOK-**

**Busy Bees Art**- Do page no. 6,15

**Busy Bees Craft**- Do page no. 5

*enjoy*  
**SUMMER**  
HOLIDAYS



STAY



HOME



STAY

SAFE



**STAY HOME**  
**STAY SAFE**