

RAINBOW ENGLISH SR. SEC. SCHOOL

C-3 , JANAKPURI , NEW DELHI

SUMMER VACATION PRACTICE WORK

SESSION: 2022-2023



Summer Break is the time that we all eagerly wait for. As this is the time to relax and to be productive to get ahead..... along with relaxation this time summer break has brought unique opportunity to develop social skills, which students are deprived of from last two years due to COVID 19....but now with this new normal, life is moving ahead. New social and educational experiences can happen at the park, during visits to native places or family vacations....in simple words we can say that summer break means extended breather that will recharge both body and mind.

As important as it is to relax and enjoy, it is also very important to continue to learn new things by exploring all the available opportunities.

To enhance the learning ,we have planned activities along with some written practice to keep your skills sharp and concepts clear.

So dear children.....relax.... enjoy....have lots of fun.....and come back refreshed.

Longer days and shorter nights

Dark shades & brighter lights

Favourite music & best friends

Keep away pencils keep away pens .

Make these days the time of your life

And make the nights just as right

This time only comes once a year

So live it up without inhibition and fear .

- **LET'S GIVE IT A TRY**–Create a new story , try a new recipe with your mom , learn a new song , play a new instrument .
- **Good manners is the key – Respect your parents , grandparents and all elders .**
- **‘ A little more courtesy goes a long way.....Use three magical words (Sorry , Please and Thank you) often .**
- **Stay fit , stay healthy – Play your favourite game and develop in yourself the spirit of sportsmanship & sense of healthy competition .**
- **Save Nature – Contribute to save our precious environment. Minimize the wastage of resources like water , fuel and electricity**
- **Must do :- Eat healthy food and drink lots of water & juices.**
- **Read every day , watch less of T.V.**
- **Revise the concept taught in the class so far.**

HERE ARE FEW THINGS TO STAY POSITIVE.

- Wakeup early.
- Meditate daily for atleast 10 min.
- Exercise regularly.
- Eat healthy food.
- Develop new hobbies.
- Read good books.
- Drink more water, switch over to warm water as it is beneficial to fight against the virus.
- Spend quality time with family.
- Sleep early.
- Plant trees and water it daily.
- Trim your nails regularly.
- Drink sufficient water.
- Keep yourself clean and hygienic.
- Wash your hands with soap every now and then
- Add turmeric, ginger, cumin in your diet to increase your immunity.
- Maintain social distance.
- Keep your house and surroundings clean...
- Use masks when you are going out.

IMPORTANT INSTRUCTIONS:

- Revise all the work done in the class.
- Make a new notebook for summer vacation practice work in each subject.

Hindi - **RED**

Maths- **BLUE**

English- **YELLOW**

Computer- **ORANGE**

- Do your work neatly and beautifully , as it will be assessed. In school, we are trying to encourage the children to use simple words, phrases and sentences and we want you to do same at home. We would appreciate if you adhere to the following points:
- Speak with your child in English.
- Encourage reading habits.
- Encourage Word Building and describing pictures.

ENGLISH

1. Word search-

Find the hidden words from the words given below and write in holidays homework notebook.

EXAMPLE : HEART – HE, ART, RAT, HAT, HEAR, EAR, EAT, TEAR, THE .

- (i) AEROPLANE
- (ii) WATERMELON
- (iii) STRAWBERRY
- (iv) PINEAPPLE

2. Read any one story from a story book (like jungle book) & write any five words that describe your favourite character in the story in holiday homework notebook.

3. Draw a picture of an object that helps to keep us safe from the sun and write 5 lines on that object in scrapbook.



4. Write any two new words daily with date in holiday homework notebook to enhance the vocabulary.

5. Learn poem “The Lord of everything” given on page no 5 in English reader book to improve reading habits.

6. Read lesson- 2 “The cunning fox and the clever cock” from English reader book and find 10 new words from the story and write down in holiday homework notebook.

7. Cursive writing – Do page no 2 to 16 in “**WRITE WELL !**“ cursive writing book.

8. Rainbow Worksheet - Complete page number 1 - 8, 14, 15, 25 and 30 in worksheet book (which you have got with the book set).

9. Practice 15 pages of handwriting from any story book in holiday homework notebook.

हिंदी

1. आ (ा) व इ (ि) की मात्रा वाले शब्दों का प्रयोग कर पाँच शब्द लड़ी बनाएँ।

उदाहरण :- राम माला ला।

अमन नारियल लाया।

2. आ (ा) व इ (ि) की मात्रा वाले शब्दों का प्रयोग कर उनके चित्र चिपकाकर wall hanging बनाएँ व चित्रों के नाम भी लिखें।

3. आ व इ की मात्रा से बने अपने मनपसंद फलों व सब्जियों की टोकरी का चित्र बनाकर फलों व सब्जियों के नाम स्कैपबुक में लिखें।



4. दिए गए विषय पर कविता कंठस्थ कीजिये - मेरे घर की फुलवारी (पृष्ठ संख्या - १४)

5. लेखन सुधार हेतु पृष्ठ संख्या 3 से 8, 20 लिखना लिखाना हिंदी सुलेख पुस्तिका में करें।

6. रेनबो वर्कशीट - पृष्ठ संख्या 63, 74 से 77 व 79 करें।

7. दिए गए उदाहरण की सहायता से मात्रा गीत व वर्णमाला गीत बोलकर अभिनय सहित याद करें।

वर्णमाला गीत - <https://youtu.be/T5YP1Sf6HCs>

मात्रा गीत - <https://youtu.be/881GkQD5QBU>

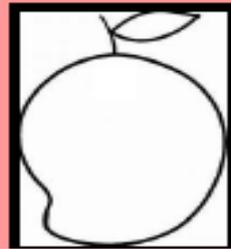
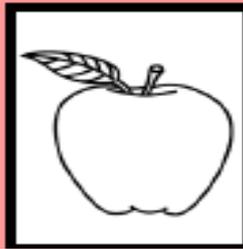
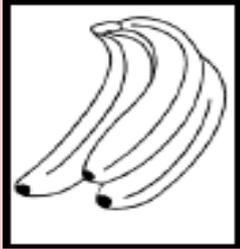
लेखन सुधार हेतु 15 पेज़ सुलेख हिंदी काँपी (holiday homework notebook) में करें ।

MATHEMATICS

1. Before/After/In-Between

Let us colour all the pictures below and answer the following questions :-

Note :- Do this question in holiday homework notebook.

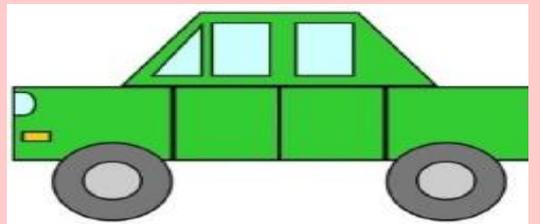


1. The banana is before the _____.
2. An _____ is before the mango.
3. The grapes are after the _____.
4. The _____ are between the banana and the apple.
5. _____ is between the apple and grapes.

2. Shape-o-mania

Using cut outs of different shapes , create a vehicle of your choice and paste it in the scrapbook . Write the following information about the vehicle in the scrapbook .

1. Where would you like to travel in this vehicle ?
2. Which mode of transport is it ? One such example is given for you.



Also check the following link for more ideas.

<https://in.video.search.yahoo.com/search/video?fr=mcafee&p=vehicle+using+shapes#id=3&vid=2fb12fbb84661a5ba5d35a744eaeda1f&action=click>

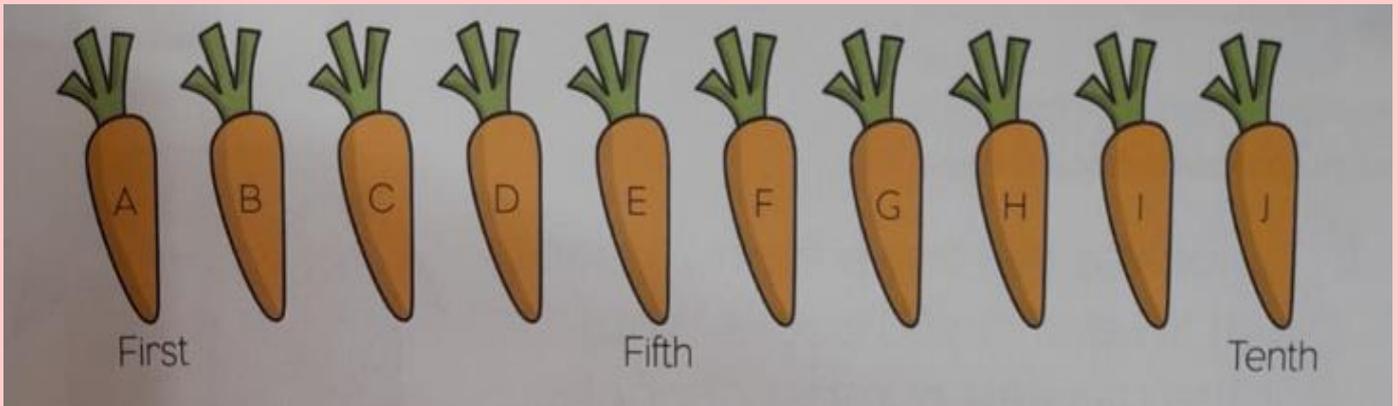
3. Find the hidden number names (one to ten) and colour them with different colours . You can go across or down .

Note - Do this worksheet in the scrapbook.

O	E	T	W	O	H	F	O	U	R
N	V	K	W	R	J	P	A	F	N
E	V	X	E	I	G	H	T	Z	C
W	M	U	E	K	L	U	Y	X	I
T	H	R	E	E	G	H	J	Q	E
W	E	R	Y	R	Q	Z	L	T	S
R	M	O	P	N	A	F	R	Z	E
Z	S	I	X	I	E	I	B	V	V
X	G	F	N	N	K	V	D	T	E
T	E	N	H	E	M	E	Y	H	N

4. Look at the carrots and answer the given questions :

Note:- Do this question in holiday homework notebook.



- (a) The sixth carrot is _____.
- (b) The _____ carrot is C .
- (c) The fifth carrot is _____.
- (d) The ninth carrot is _____.
- (e) The _____ carrot is A.

5. Make a dice with the help of empty box .



6. Learn and write tables of 2 and 3 in holiday homework notebook.

7. Do Rainbow worksheet :- Page number – 37,38,39,40,41,42,44.

EVS

1. Let's put our foot forward to make air quality better.... As Environment Day is on 5th June so let's plant an air purifying plant in a pot as they contribute towards ensuring better circulation of air along with cleansing the air. Click pictures while planting a sapling, watering, keeping in sunlight and growing up beautifully and make a collage of the pictures and paste them in the scrap book.

Don't forget to include yourself in the pictures. Students can grow any plant from list given below:-

1. Aloe Vera
2. Garden Mum
3. Golden Pothos
4. Spider Plant
5. Peace Lily



2. Collect dry leaves of different plants and make the picture of your favourite animal or bird in scrap book. Also write the names of those plants from which you have taken leaves and try to collect the other information about those plants with the help of your elders.

3. Eat healthy and stay healthy.

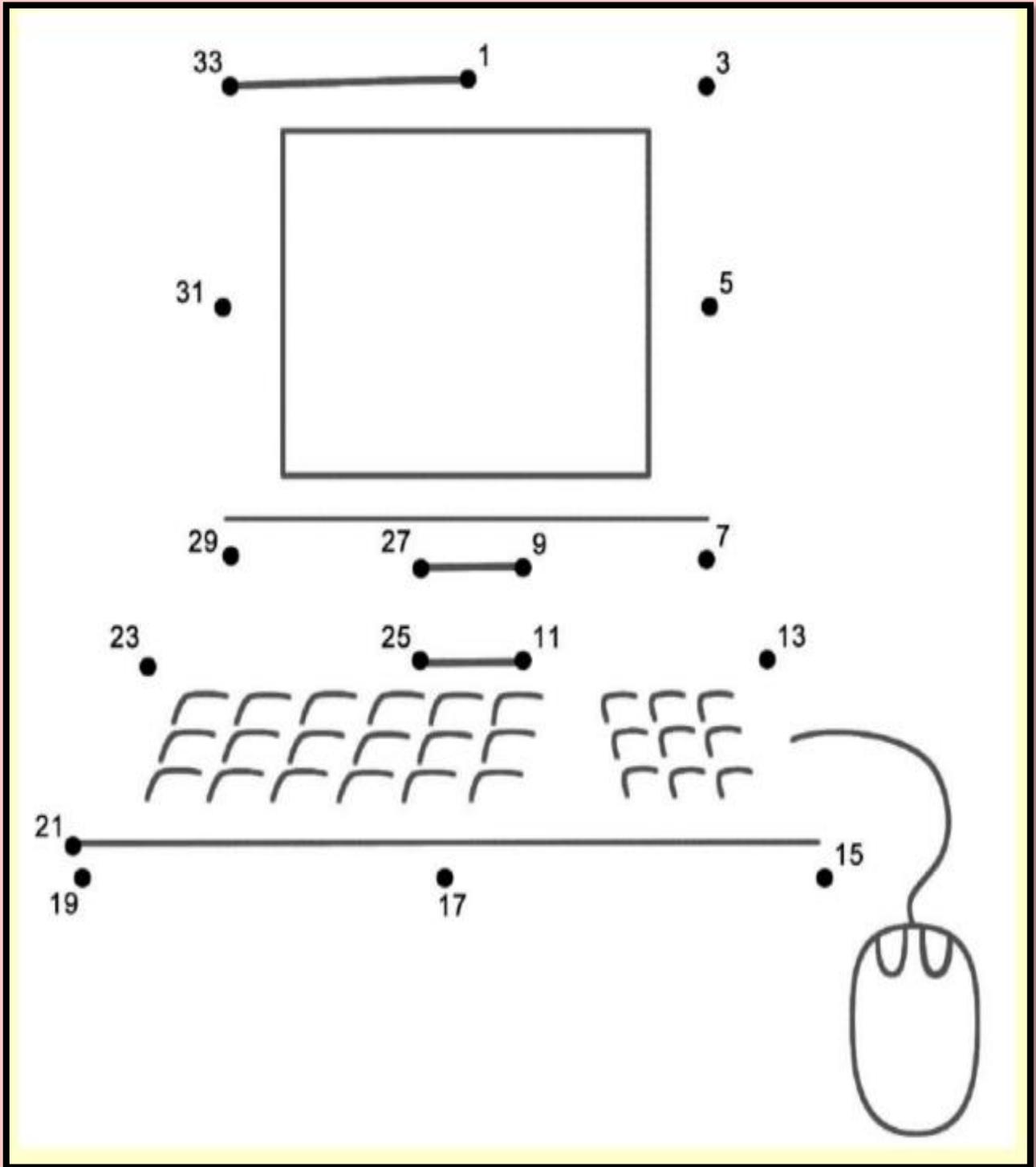


Prepare fruit salad using different seasonal fruits and take pictures and paste them in scrap book.

COMPUTER

Note: Paste this worksheet in your computer copy.

Join the dots to complete the picture and colour it with your favourite colours:

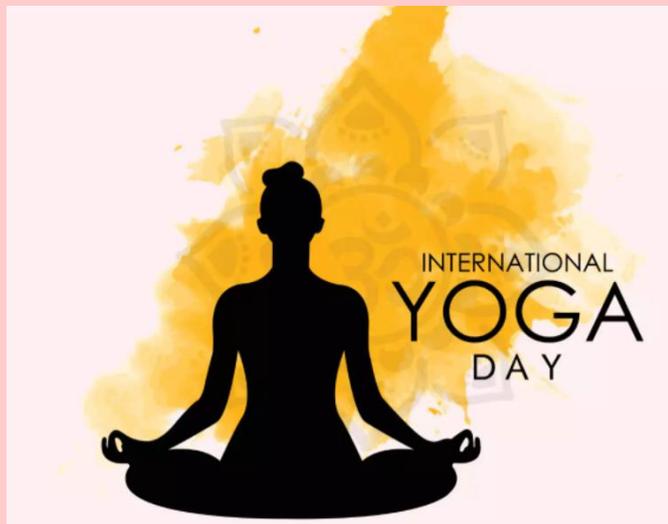


G.K.

Let's be techno savvyFind some time to learn interesting things about Noble Prize , search and write (3 to 4 lines) about any five Noble Prize winners in your regular G.K. notebook and also paste their pictures.

S.U.P.W –Make an Eiffel tower using multi - coloured straws given on page no.- 12 in scrapbook.

INTERNATIONAL YOGA DAY



International Yoga Day is observed on 21st June every year. Yoga is a powerful natural state that can inspire you in many ways. Let's make Yoga an important part of our life to remain healthy.

1. Perform any one Yoga asana on a mat.
2. Get your picture clicked while performing that Yoga asana.
3. Write the name of the Yoga asana.
4. Paste that picture in the scrapbook.

FATHER'S DAY ACTIVITY

Father's Day is observed on the third Sunday of June.

So, this Father's Day-

- Pamper your Dad
- Make him feel special in every way.
- Surprise him by giving him a card and a gift.
- Be a little chef that day and surprise him by preparing a mouth-watering recipe for him. An example of one such recipe is given below.



Little chefs at work

Prepare Mango Milkshake with your mother's help.

Ingredients used

- 2 large ripe mangoes
- 1 and half cups milk
- 1 and half tablespoon sugar (according to your taste)
- Nuts
- Ice cream
- Ice cubes



Recipe

Wear your chef cap and apron.

- Step 1:- Peel and slice mangoes into small pieces, discard stone. Transfer them to a blender jar.
- Step 2:- Add milk , sugar(according to your taste) and ice-cubes.
- Step 3:- Blend until smooth and creamy and there are no mango chunks in it.

Pour prepared shake into serving glasses, garnish with almonds and a scoop of ice cream and serve.

Enjoy your treat with your loved ones.

Click picture while serving it to your father and paste it on a coloured A4 size sheet.

ART INTEGRATION PROJECT



Collect the pictures of famous monasteries of Sikkim from Internet and paste them on A-3 size sheet, write the name of the monasteries also try to find out interesting facts about them and write 4 to 5 lines in English holiday homework notebook.

Monasteries are so beautifully decorated & painted with vibrant colours. Observe the pictures and write name of any four colours in Hindi . Write them in Hindi holiday homework notebook.

Take an idea from internet approx. how many total number of monasteries are there in Sikkim and write it in Maths holiday homework notebook.